



# SAMBHRAM INSTITUTE OF TECHNOLOGY



## Criteria 7.3: Institutional Distinctiveness:

### Student Health Record

Ensuring that students are mentally and physically well is a crucial aspect for any educational institution. They must take into account how healthy the students are, both mentally and physically. Implementing numerous health-related measures. Sambhram Institute of Technology has recognized and actively addressed the physical and mental well-being of the students to contribute not only to the success of individual students but also to the overall positive impact on society.

In Student Health Record, Students' data like blood group, medical history, height, weight etc is maintained and every semester the doctor will conduct a general health check-up for the students at college premises and will record the current health status and provide suggestions or advice if necessary to the students.

This practice of maintaining the student health record because students who receive mental health care are better able to handle the demands of both their personal and academic lives because they have developed emotional resilience, coping strategies, and stress management abilities. Also regular check-ups, proactive health programmes, and mental health awareness campaigns can all help avoid health problems and lessen the negative effects of sickness on academic performance.


Academic achievement is directly correlated with both mental and physical health. Students in good health are more likely to focus better, attend lessons consistently, and achieve academic success. Thus, Sambhram supports students to be in good health so that they can participate actively in extracurricular activities, participate in class debates, and make a positive contribution to the campus community as a whole.

Education is not just about academic achievement but also about the holistic development of individuals. Addressing physical and mental health needs contributes to the overall growth and well-rounded development of students and students get a sense of belonging when we fosters a supportive community.

H G 

PRINCIPAL

Sambhram Institute of Technology  
M.S. Palya, Bangalore - 560 097


  
DEAN (ACADEMICS)  
Sambhram Institute of Technology  
M.S. Palya, Bangalore-560 097.



Sample Student Health Record

Doctor's Diary :

	I SEM	II SEM	III SEM	IV SEM	V SEM	IV SEM	IIV SEM	IIIV SEM
CONSULTED DATE								
REMARKS								
ADVICE								
SIGNATURE								



**SAMBHRAM**  
INSTITUTE OF TECHNOLOGY

AMBA BHAWANI TEMPLE ROAD, NEAR M.S PALYA, JALAHALLI EAST,  
BANGALORE - 560097

**STUDENT HEALTH RECORD**

STUDENT NAME : \_\_\_\_\_ USN NO : \_\_\_\_\_

GENDER : \_\_\_\_\_ DATE OF BIRTH : \_\_\_\_\_ AGE : \_\_\_\_\_

MOTHER NAME : \_\_\_\_\_ FATHER NAME : \_\_\_\_\_

CURRENT ADDRESS : \_\_\_\_\_

CONTACT NO : \_\_\_\_\_

PARENT'S CONTACT NO : \_\_\_\_\_

EMAIL ID : \_\_\_\_\_

PERMANENT ADDRESS : \_\_\_\_\_

BLOOD GROUP : \_\_\_\_\_

	I SEM	II SEM	III SEM	IV SEM	V SEM	IV SEM	IIV SEM	IIIV SEM
HEIGHT								
WEIGHT								
PULSE								
EYESIGHT								
BP								

STUDENT'S MEDICAL HISTORY

	YES/NO	IF YES PLEASE SPECIFY
ALLERGY		
ASTHAMA		

EPILEPSY / SEIZURES		
DIABETES		
HYPERTENSION		
SKIN DISEASES		
HERIDITERY DISEASE		
DISORDERS		

Proctor Signature :

YEAR 1	YEAR 2	YEAR 3	YEAR 4

Student's Signature : \_\_\_\_\_

*[Handwritten Signature]*  
**DEAN (ACADEMICS)**  
 Sambhram Institute of Technology,  
 M.S. Palya, Bangalore-560 097.

*[Handwritten Signature]*

**PRINCIPAL**  
 Sambhram Institute of Technology  
 M.S. Palya, Bangalore - 560 097



### Centre of Connectivity

Sambhram Education Trust is the educational arm of the Group and it runs several professional institutions in Bangalore, KGF in Karnataka state and Chittoor in Andhra Pradesh. The college provides top-notch academic programmes in various technology and engineering fields. International students from various nations and regions, representing diverse cultures and ethnicities, attend our college. The institute is renowned for its demanding curriculum, knowledgeable instructors, and cutting-edge facilities, which help students gain the information and abilities necessary to succeed in their chosen fields.

Sambhram Institute of Technology is a very well-connected college which provides easy access to Bangalore-North. The institute is situated residential area which as well as in a well-connected place with ease of connection to prominent places as well as providing a comfortable homely place for students. A well-connected transport system is crucial to ensure that students, faculty, and staff have convenient and reliable means of transportation to and from the campus. The college is connected through air, bus and train transportation to the campus.

Sambhram is located within the reach of 7kms from Yeshwanthpur Railway Station which is one of the three important railway stations in the Bangalore City located on the Bangalore-Pune and Bangalore-Hyderabad Main lines.

The campus is near to BMTC bus stand which is 200ms away from college through which students and staff has easy access to various places in the city and also Sambhram provides a shuttle service that connects to a key location i.e., from College to M.S Palya for all the students, staff and faculty members of this institution.

Sambhram Institute of Technology is also easily accessible to Kempegowda International Airport, which is the third-busiest airport by passenger traffic, air traffic movements and domestic and total cargo handled in India, with a distance of 28Kms away from the college. The airport offers connecting flights to all six inhabited continents, and direct flights to five of them.

The college is located in the heart of the city neighbouring premium institutions, well-known organizations and also to Asia's biggest industrial area - Peenya industrial area which is located at about 9 Kms away from the campus. It lies on the Bangalore-Tumkur Highway (NH-4) and it is a home for small, medium, and large-scale industries. The industrial area is known for engineering, electrical goods such as: CNC Machine tools / diecasting LPDC, Fabrications, HPDC, GDC dies & moulds transformers, motors and generators, hydraulics, machine tool industries etc.

The institutes neighbouring the Sambhram campus are Gandhi Krishi Vigyana Kendra aka GKVK is one of the campus and administrative headquarters of UAS i.e., University of Agricultural Sciences, Bangalore. Institute of Wood Science and Technology (IWST) is a Research institute situated near our campus and works under the Indian Council of Forestry Research and Education (ICFRE) of the Ministry of Environment and Forests, Govt. of India. Also the Indian Institute of Science (IISc) deemed Research University for higher education and research in science, engineering, design, and management is located near to our college

The organizations neighbouring the campus are

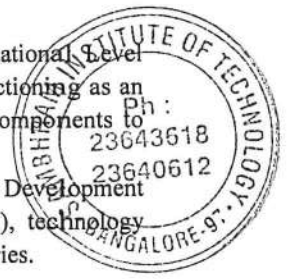
- Bharat Electronics Limited (BEL) is an Indian Government-owned aerospace and defence electronics company
- Bharat Heavy Electricals Limited (BHEL) is an Indian central public sector undertaking and the largest government-owned power generation equipment manufacturer
- HMT Limited, formerly Hindustan Machine Tools Limited, is an Indian state-owned manufacturing company which is machine tool manufacturing company, diversifying into watches, tractors, printing machinery, metal forming presses, die casting and plastic processing machinery, and CNC systems and bearings



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- Central Power Research Institute (CPRI) is a research institute which serves as a national level laboratory for undertaking applied research in electrical power engineering besides functioning as an independent national testing and certification authority for electrical equipment and components to ensure reliability in power systems and to innovate and develop new products
- The Central Manufacturing Technology Institute (CMTI) a National Research and Development organization plays a key role in applied research, design and development (RD&D), technology forecasting, assimilation and dissemination of manufacturing technology to Indian industries.



Google map for Centre of Connectivity

*M. S. Palva*

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